

# Dhikr Cards Reference Sheet

By: SISTERS' PROJECT

*O You who believe! Remember Allah with much remembrance. [Quran, 33:41]. Therefore remember Me (by praying, glorifying). I will remember you. (Quran, 2:152) And remember Allah much, that you may be successful. (Quran, 62:10)*

## Instructions

Print the sheet, cut out the different cards and hang them up in different rooms in the house so each time you see the card with the phrase of remembrance (dhikr) you are reminded to use it throughout the day.

The 'intention' card can be used to remind oneself to make intention(s) with each daily (wordly) task or act to hereby please Allah, the Most High. As well as making multiple intentions whilst doing acts of worship, such as reciting the Qur'an and performing the prayer.

*Below is the transliteration and meaning of each of the eight cards, including virtues and rewards which serve as a motivation to keep the tongue moist with dhikr (remembrance) of Allah.*

## Card 1

### Transliteration & meaning:

Subhaan-Allah (Glorified is Allah), Al-hamdu lillaah (All praise and thanks are due to Allah), Allaahu Akbar (Allah is the Most Great)

### Rewards:

#### Thousand good deeds recorded, thousand bad deeds erased!

Sa'd bin Abee Waqqaas R.A said that we were with the Messenger of Allah ﷺ and he said, "Who is able to gain a Thousand good deeds each day?" Somebody then asked him, "How can a person gain a thousand good deeds?" He replied, "He should say, "Subhan Allah" one hundred times, for a thousand goods deeds will be recorded for him and a thousand bad deeds wiped away. [Muslim]

#### Dearer than anything over which the sun rises!

Abu Hurairah (May Allah be pleased with him) reported: The Messenger of Allah (sallallaahu 'alayhi wa sallam) said, "The uttering of the words: "Subhan-Allah (Allah is free from imperfection), Al-hamdu lillah (all praise is due to Allah), La ilaha illallah (there is no true god except Allah) and Allahu Akbar (Allah is the Greatest)' **is dearer to me than anything over which the sun rises.**" [Muslim]

#### Fills the scales!

Abu Malik Al-Ash'ari (may Allah be pleased with him) reported: The Messenger of Allah (ﷺ) said: "Purity is half of iman (faith). 'Al-hamdu lillah (all praise and gratitude belong to Allah)' **fills the scales, and 'subhan-Allah (how far is Allah from every imperfection) and 'Al-hamdulillah (all praise and gratitude belong to Allah)' fill that which is between heaven and earth.**" [Muslim]

### Sins fall like the leaves fall of a tree!

Also Anas bin Malik narrated that the Prophet passed by a tree with dry leaves, so he struck it with his staff, making the leaves fall. Then he said: "Indeed, 'all praise is due to Allah, (Al-Ḥamdulillāh)' 'glory to Allah, (Subḥān Allāh)' 'none has the right to be worshipped by Allah, (Lā Ilāha Illallāh)' and 'Allah is the greatest (Allāhu Akbar)' **cause the sins to fall from the worshipper, just as the leaves of this tree fall.**" [Jaami At-Tirmidhi]

### Four most beloved words!

SubhanAllah, walHamdulillah, wa La illaha ilAllahu, waAllahu Akbar, (Glory be to Allah, All Praise is for Allah, There is No God but Allah, Allah is the Greatest) The above are mentioned as **the four most beloved words to Allah.** [Muslim] It does not matter with which one of them is begun.

### Ten times after prayer!

Abd-Allah ibn 'Amr (may Allah be pleased with him) said: "The Prophet (peace and blessings be upon him) said: 'There are two qualities, no Muslim acquires them but **he will enter Paradise**, and they are simple and easy. He should glorify Allah (say Subhaan Allah) ten times immediately after each prayer, and praise Him (say Al-hamdu Lillaah) ten times and magnify Him (say Allaahu Akbar) ten times.' (This is separate from the reward for reading SubhanAllah, Alhamdulillah, Allahu akbar 33 times after prayer.)

I saw the Messenger of Allah (peace and blessings of Allah be upon him) counting this on his fingers. He said: '**That makes one hundred and fifty on the tongue and one thousand five hundred (hasanaat) in the scales.**

[Translator's note: Each of three phrases repeated ten times makes thirty; multiplied by the number of daily prayers, which is five, makes one hundred and fifty. Each of these good deeds of the tongue will be rewarded with ten Hasanaat which will be added to the total of good deeds to be weighed in the balance or scales on the Day of Judgement].

### Seedlings of Paradise!

Abd Allah ibn Mas'ud reported that the Prophet said: "During the Night Journey I met Ibrahim (alayhis salam) who said to me: O Muhammad, convey my greetings to your Community, and tell them that the Paradise is of pure land, its water is sweet, and its expanse is vast, spacious and even. **And its seedlings are SubhanAllah, walhamdulillah, wa la ilaha ilAllah, waAllahu Akbar** (the above). [At-Tirmidhi, At-Tabarani]

## Card 2

### Transliteration & meaning:

Laa ilaaha illAllaah (there is no God except Allah)

### Rewards:

#### The greatest word in existence!

The word of Tawheed (i.e., Laa ilaaha ill-Allah – there is no god but Allah), is **the greatest word in existence.** For it all of creation was created, the Messengers were sent, and the Books were revealed. It is the word of piety, the foundation of the faith and the pillar of belief, and it is the trustworthy handhold which, whoever grasps it will be saved, and whoever dies believing in it will be blessed with a blessing after which he will never be wretched. The virtues of this word and its place in the religion are far greater than can be described or defined.

#### The best Dhikr, the best dua'!

It was narrated that Jaabir ibn 'Abdillah (may Allah be pleased with him) said: I heard the Messenger of Allah (blessings and peace of Allah be upon him) say: "**The best dhikr is Laa ilaaha ill-Allah (there is no god but Allah),** and the best du'aa' is al-hamdu Lillah (Praise be to Allah)." [At-Tirmidhi, classed hasan by Al-Albaani]

#### Not singled out!

Ibn Hajar al-Haytami (may Allah have mercy on him) said: The best of the adhkaar for which the Lawgiver did not single out a particular situation or time is reciting Qur'an, **followed by the words Laa ilaaha ill-Allah,** because of the report which says: "The best dhikr is Laa ilaaha ill-Allah." End quote. Al-Fataawa al-Hadeethiyyah (p. 109)

#### Renew your faith!

It was narrated that Abu Hurayrah (may Allah be pleased with him) said: The Messenger of Allah (blessings and peace of Allah be upon him) said: **“Renew your faith.”** It was said: O Messenger of Allah, how can we renew our faith? He said: **“Say a great deal ‘Laa ilaaha ill-Allah.’”** Musnad Ahmad (2/359); classed as saheeh by al-Haakim in al-Mustadrak (4/285); classed as hasan by al-Mundhiri in at-Targheeb wa’t-Tarheeb (2/342); classed as da’eef by al-Albaani in as-Silsilah ad-Da’eefah (no. 896).

### **Frequently recite it before you are prevented!**

It was narrated that Abu Hurayrah (may Allah be pleased with him) said: The Messenger of Allah (blessings and peace of Allah be upon him) said: **“Frequently recite the testimony that there is no god but Allah before you are prevented from doing so (by death).”**

Narrated by Abu Ya’la in al-Musnad (11/8). Al-Haafiz Ibn Hajar said in al-Futoohaat ar-Rabbaaniyyah (4/110): It is hasan ghareeb. It was classed as hasan by Shaykh al-Albaani in as-Silsilah as-Saheehah (no. 467).

## **Card 3**

### **Transliteration & meaning:**

Subhan Allaahi Wa Bihamdihi (Glorified is Allah and praised is He)

### **Rewards:**

#### **All his sins forgiven!**

In a hadith narrated by Abu Hurairah, Allah’s Messenger said, “Whoever says, ‘Subhan Allah wa bihamdihi,’ one hundred times a day, **will be forgiven all his sins even if they were as much as the foam of the sea.** (Al-Bukhari)

#### **Nothing better on Day of Resurrection!**

Whoever says (the above) at morning and evening time, one hundred times, **none shall come on the Day of Resurrection with anything better** except someone who has said the same or more.[Muslim]

#### **A palm tree in Paradise!**

The Prophet (peace and blessings be upon him) said, *“For him who says: ‘Subhan-Allahi wa bi hamdihi (Allah is free from imperfection, and I begin with praising Him, and to Him),’ a palm-tree will be planted in Jannah.”* (Riyad as-Saliheen)

#### **Dearest to Allah!**

Abu Dharr reported that the Prophet (salAllahu alayhi wasalam) said, "Shall I tell you the words that Allah loves the most?" I said: "Yes, tell me, O Messenger of Allah." He said: **"The words dearest to Allah are: subhanAllah wa bihamdihi.** [Muslim, At-Tirmidhi]

### **Transliteration & meaning:**

Subhaan Allahi wa bihamdihi, Subhaan Allahil `Adheem (Glorified is Allah and praised is He, Glorified is Allah the Almighty)

### **Rewards:**

#### **Light on the tongue, heavy on the scale!**

The Prophet (peace and blessings be upon him) said, **“There are two expressions which are very easy for the tongue to say, but they are very heavy in the balance and are very dear to The Beneficent (Allah), and they are, ‘Subhan Allah Al-`Adheem and ‘Subhan Allah wa bihamdihi.’”** (Al-Bukhari)

## **Card 4**

### Transliteration & meaning:

Ashhadu an laa ilaaha ill-Allah wahdahu laa shareeka lah wa ashhadu anna Muhammadan 'abduhu wa rasooluhu (I bear witness that there is no god except Allah alone, with no partner or associate, and I bear witness that Muhammad is His slave and Messenger)

### Rewards:

#### Eight gates of Paradise opened!

"There is no one among you who does wudoo' and does it well, then says, 'Ashhadu an laa ilaaha ill-Allah wahdahu laa shareeka lah wa ashhadu anna Muhammadan 'abduhu wa rasooluhu (I bear witness that there is no god except Allah alone, with no partner or associate, and I bear witness that Muhammad is His slave and Messenger),' **but eight gates of Paradise will be opened to him and he will enter through whichever one he wishes.**" Narrated by Muslim (234) from the hadith of 'Uqbah ibn 'amir (may Allah be pleased with him).

#### Freeing a slave, good deeds, bad deeds erased, raised up and protected!

Whoever says the above ten times [ in the morning], will have the reward **for freeing a slave from the Children of Isma'il, ten good deeds are recorded for him, and he will be forgiven ten misdeeds, raised up ten degrees, and he has gained refuge from the devil that day until evening.** Whoever says it in the evening will have the same reward until the morning. [Recite it once to ward off laziness]

[Al-Bukhari, Muslim]

#### Freeing ten slaves, hundred good deeds, hundred bad deeds erased

Whoever says the above one hundred times, has the reward of **freeing ten slaves, a hundred good deeds are recorded for him and a hundred bad deeds are wiped away and he has gained refuge from the devil that day until evening and none shall come with anything better** except someone who has done more.[Al-Bukhari, Muslim]

## Card 5

### Transliteration & meaning:

Astaghfirullah, wa atoobu ilayh (I seek forgiveness of Allah and I turn to Him (in repentance))

### Rewards:

#### Recite a hundred times a day!

Astaghfirullah, wa atoobu ilayh (I seek forgiveness of Allah and I turn to Him (in repentance)) [Al-Bukhari]

#### Revive a Sunnah: more than 70 times a day!

Abu Huraira reported: The Messenger of Allah, peace and blessings be upon him, said, "**By Allah, I seek forgiveness from Allah and I repent to him more than seventy times in a day.**" [Al-Bukhāri]

#### A way out of every difficulty!

Ibn Abbas (May Allah be pleased with them) said: The Messenger of Allah (ﷺ) said, "If anyone constantly seeks pardon (from Allah), Allah will appoint for **him a way out of every distress and a relief from every anxiety, and will provide sustenance for him from where he expects not.**" [Abu Dawud].

#### Forgiven even if one deserted the army!

Astaghfirullah al-'Adheemal-ladhi la ilaha illa Huwal-Hayyul-Qayyum wa atubu ilaih (I seek the forgiveness of Allah the Mighty, Whom there is none worthy except Him, the Living, The Eternal, and I repent unto Him) Whoever says the above words, **Allah will forgive him even if he deserted the army's ranks.**[Abu Dawud 2/85, at-Tirmidhi 5/569, Al-Hakim who

declared it authentic and adh-Dhahabi agreed with him 1/511]

### Fullfill Allah's command!

Ask forgiveness of your Lord. Indeed, He is ever a Perpetual Forgiver. (Quran, 71:10 ) And Allah would not punish them while they seek forgiveness. (Quran 8:33)

## Card 6

### Transliteration & meaning:

Laa hawla wa laa quwwata illaa billaah (There is no power and no might except by Allah)

### Rewards:

### Treasure of Paradise!

The Prophet (saw) said, "O Abdullah bin Qais, should I not point you to one of **the treasures of Paradise?**" I said, "Yes, O Messenger of Allah." So he told me to say, "Laa hawla wa laa quwwata 'illaa billaah" [Al-Bukhari and Muslim]

### In response to the adhaan for Paradise!

'Umar b. al-khattab reported the Messenger of Allah (May peace be upon him) as saying: When the Mu'adhdhin says: "Allah is greatest, Allah is greatest", and one of you says in response: "Allah is greatest", Allah is greatest; then says: " I testify that there is no god but Allah", and he says in response: "I testify that there is no god but Allah", then say:" I testify that Muhammad is the Messenger of Allah", and he makes the response: " I testify that Muhammad is the Messenger of Allah", then says: "Come to prayer", and he makes the response: "**There is no might and no power except in Allah**": then says: " Allah is most great, Allah is most great", and he makes the response: "Allah is most great", then says: "There is no god but Allah", if he says this from his heart, he enter Paradise." [Muslim, Abu Dawud and Al-Bukhari]

### When leaving the house!

Whoever says when leaving the house: بِسْمِ اللّٰهِ تَوَكَّلْتُ عَلَى اللّٰهِ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللّٰهِ Bismillaahi Tawak'altu 'alal-laahi Laa hawla wa laa Quwwata illa billaah "In the name of Allah, I trust in Allah; there is no might and no power but in Allah" **The angel will say: "you shall be defended, protected (from the shaytan) and guided"** [Abu Dawud]

## Card 7

### Transliteration & meaning:

Allahumma Salli wa Sallim 'alaa Nabiyyinaa Muhammad (O Allah, Send prayers and peace upon our Messenger Muhammad)

### Rewards:

### Greetings from the Prophet!

The Prophet (peace and blessings be upon him) said, "Once Jibreel (alaihi assalam) said to me, 'Should I give you glad tidings of what Allah says to you.' 'Whoever sends blessings to you, **then I will send him My blessings, and whoever sends greetings to you, then I will send him My greetings.**'"[Hadith Hasan – Musnad Ahmad and Baihaqi]

### Ten greetings back!

In a similar narration to the above which was narrated from 'Abd-Allaah ibn Abi Talhah from his father that the Messenger of Allah (sal Allahu alaihi wa sallam) came one day with evident signs of happiness on his face, and he said: "Jibreel (alaihi assalam) came to me and said, 'Would it not please you, O Muhammad, to know that no one among your ummah will send blessings upon you but I will send ten blessings upon him, and no one among your ummah will send salaams upon you **but I will send ten salaams upon him.**'" [Sahih Sunan al-Nasaa'i, 1228]

### **Blessings, bad deeds erased and raised!**

He (blessings and peace of Allah be upon him) said: "Whoever sends blessings upon me once, Allah will send blessings upon him **tenfold and will erase from him ten misdeeds and raise him ten degrees in status.**" Narrated by an-Nasaa'i (1297); classed as saheeh by al-Albaani in Saheeh Sunan an-Nasaa'i.

### **Fullfill Allah's command!**

"Allah sends His Salât (Graces, Honours, Blessings, Mercy) on the Prophet (Muhammad (blessings and peace of Allah be upon him)) and also His angels (ask Allah to bless and forgive him). O you who believe! **Send your Salât on (ask Allah to bless) him (Muhammad (blessings and peace of Allah be upon him)), and (you should) greet (salute) him with the Islamic way of greeting** (salutation i.e. As-Salâmu 'Alaikum)" [al-Ahzaab 33:56].

### **Before making dua' - worries taken care of and sins forgiven!**

At-Tirmidhi (2457) narrated that Ubayy ibn Ka'b (may Allah be pleased with him) said: I said: O Messenger of Allah, I want to send more blessings upon you (before offering supplication); how much of my supplication should I allocate to that? He said: "Whatever you wish." I said: One quarter? He said "Whatever you wish, but if you do more, it will be better for you." I said: Half? He said: "Whatever you wish but if you do more, it will be better for you." I said: Two thirds? He said: "Whatever you wish, but if you do more, it will be better for you." I said: Shall I make all of my supplication for that? He said: **Then your worries will be taken care of and your sin will be forgiven.**" Classed as hasan by al-Albaani in Sunan at-Tirmidhi.

### **Ten times in the morning and evening for intercession!**

The Prophet (peace and blessings be upon him) said: "Who recites blessings upon me 10 times in the morning and 10 times in the evening **will obtain my intercession on the Day of Resurrection.**" At-Tabrani reported this Hadith together with two chain of transmissions. One of them is reliable (Jayyid). See Haithami's Majma' Az-Zawa'id 10/120, and Al-Albani's Sahih At-Targhib Wat-Tarhib 1/273

## **Card 8**

### **Transliteration & meaning:**

Niyyah (intention)

### **Rewards:**

It is narrated on the authority of Amir al-Mu'minin (Leader of the Believers), Abu Hafs 'Umar bin al-Khattab (may Allah be pleased with him), who said: I heard the Messenger of Allah (peace be upon him), say: **"Actions are according to intentions, and everyone will get what was intended..."** [Al Bukhari, Muslim]

### **Raised according to intentions!**

Abu Huraira reported: The Messenger of Allah, peace and blessings be upon him, said, **"Verily, the people will be raised for judgment only according to their intentions.** [Sunan Ibn Mājah 4229]

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